

The Food Bank & Meals on Wheels are now Feed More WNY

Menu may change without notice. Special Diet meals may be different than stated on the menu to meet dietary requirements. **If you have questions about your diet or need to cancel your meals, please call (716) 822-2002 by 2:00 pm the day prior to delivery.**

The essential work done by FeedMore WNY is made possible by generous financial support from community members, local foundations and corporations, as well as through grants from the U.S. Department of Health and Human Services, New York State Office for the Aging and Erie County's Departments of Senior Services and Social Services. For more information, visit www.feedmorewny.org.

August 2020 Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
Hot Meal: Cheese Omelet with Cheese Sauce, Tater Tots, Peppers, Onions and Tomatoes Cold Meal: Turkey with White Bread	Hot Meal: Boneless Chicken Breast with Gravy, Mashed Sweet Potatoes, Peas Cold Meal: Egg Salad with Wheat Bread	Hot Meal: Baked Rigatoni with Italian Sausage Crumbles and Tomato Sauce, Broccoli Cold Meal: Meatloaf with White Bread, Chef Salad	Hot Meal: Breaded Boneless Pork Chop with Gravy, Lazy Pierogi, Orange Glazed Carrots Cold Meal: White American Cheese with Multigrain Bread	Hot Meal: Teriyaki Seasoned Beef Strips, Oriental Mixed Vegetable, Green Beans Cold Meal: Chicken Pasta Salad with Rye Bread
10	11	12	13	14
Hot Meal: Breaded Chicken Breast with Herb Gravy, Mashed Potatoes, French Bean Medley Cold Meal: Ham with Wheat Bread	Hot Meal: Stuffed Shells with Tomato Meat Sauce, Cauliflower, Seasoned Spinach with Mushrooms Cold Meal: Tuna Salad with Rye Bread	Hot Meal: Pork Ribette with BBQ Sauce, Scalloped Potatoes, Peas with Red Pepper Cold Meal: Chicken Salad with Cranberries, Wheat Hamburger Roll	Hot Meal: Beer Battered Fish with Tartar Sauce, Broccoli Cheese Rice Casserole, Zucchini with Diced Tomato Cold Meal: Cottage Cheese with Fruit Garnish, Rye Bread	Hot Meal: Roast Beef with Gravy, Mashed Potatoes, California Mixed Vegetable Cold Meal: Turkey Salad with Wheat Bread
17	18	19	20	21 – Senior Citizen's Day
Hot Meal: Ham Steak with Crushed Pineapple Topping, Sweet Potatoes, Creamed Cabbage with Dill Cold Meal: Cooked Chicken Breast, Wheat Hamburger Roll	Hot Meal: Beef Stew, Vegetables in Stew, Brussels Sprouts Cold Meal: Egg Salad with Rye Bread	Hot Meal: Butternut Squash Ravioli with Chicken Cream Sauce, Carrots, Italian Vegetables Cold Meal: Meatloaf with Wheat Bread	Hot Meal: Turkey Breast with Gravy, Garlic Mashed Potatoes, Green Bean Casserole Cold Meal: Peanut Butter and Jelly with White Bread	Hot Meal: Cabbage Roll with Savory Meat Sauce, Mashed Potato, Mixed Vegetables Cold Meal: Tuna Salad with White Bread
24	25	26	27	28
Hot Meal: Polynesian Chicken, California Blend Vegetables, Summer Squash with Red Pepper Cold Meal: Two Hardboiled Eggs with Wheat Bread	Hot Meal: Sloppy Joe, Roasted Red Potatoes, Fiesta Corn Cold Meal: Tuna Salad with White Bread	Hot Meal: Sliced Roast Beef with Gravy, Cheesy Mashed Potatoes, Sliced Carrots Cold Meal: Ham Salad with Wheat Bread	Hot Meal: Vegetable Quiche with Cheese Sauce, Spinach, Harvard Beets Cold Meal: Turkey with Italian Bread	Hot Meal: Beer Battered Fish with Tartar Sauce, German Potato Salad, Mixed Vegetables Cold Meal: Chicken Salad with White Bread
31	September 1	September 2	Sept. 3 – Labor Day Meal	September 4
Hot Meal: Meatballs with Tomato Sauce, Cauliflower, Seasoned Spinach Cold Meal: Cooked Chicken Breast with Rye Bread	Hot Meal: Buffalo-style Breaded Chicken Breast with Buffalo-style Sauce, Fiesta Corn, Broccoli Cold Meal: Tuna Salad with Wheat Bread	Hot Meal: Beef Stew, Vegetable in Stew, Mashed Potatoes Cold Meal: Ham with Rye Bread	Hot Meal: Breaded Chicken Drumsticks, Au gratin Potatoes, Normandy Mixed Vegetables Cold Meal: Egg Salad with Wheat Hamburger Roll	Hot Meal: Roast Pork with Warm Cinnamon Apples, Mashed Potatoes, Carrots Cold Meal: Chicken Salad with White Bread